



CHAPEL CHIMES

Volume 2, Issue 6

September 2021

581 Seven Lakes Drive
Seven Lakes, NC 27376
Mailing Address:
2125 Seven Lakes South
West End, NC 27376
Phone: 910-400-5188
E-mail:
citp10@7lakeschapel.com

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Paul's Ponderings...



Paul's Ponderings The Chapel Chimes September 2021

When scientists began tracking the health of 268 Harvard sophomores in 1938, they hoped that the longitudinal study would reveal clues to leading healthy and happy lives. Now, after following the surviving members of the study for over 80 years (the study was actually extended to include their offspring), researchers have collected a plethora of data on the participant's long term physical and mental health.

"The surprising finding is that our relationships and how happy we are in our relationships has a powerful influence on our health," said Robert Waldinger, director of the study. "Taking care of your body is important, but tending to your relationships is a form of self-care too. That, I think, is the revelation."

To sum up the results of the study, let me state the conclusions as simply as possible. Close relationships are what keep people happy throughout their lives, and these relationships with family, friends, and community delay mental and physical decline. These relationship factors are better predictors of our happiness and longevity than social class, I.Q., or genetics.

So, if social connection, or "belonging," is the most important driver of our health and longevity, how do we define "belonging"? Well, the authors of the study define "belonging" as, "a sense of being accepted and welcome in a place, group, or organization". So, people were polled and the highest rated attributes of belonging were, "everyone has a chance to have their voice heard," and "people can be who they really want to be," and "a place where people like me have opportunities and can succeed," and finally

"a place where I can contribute my unique skills and talents." The authors of the study also state that people tend to feel the greatest sense of belonging when they are part of a group that is seeking to focus on something bigger or greater than themselves.

So, I've been pondering how the Chapel in the Pines might be a place where relationships flourish and strengthen over time, so that everyone feels that sense of "belonging" which creates the likelihood that we will all live long and happy lives. I haven't done a study like the folks at Harvard but here are my conclusions.

The Chapel is a place where for almost forty-five years people from multiple denominations, Protestant and Catholic have voluntarily come together to form strong relationships. No one was obligated or felt pressured to join this Chapel because they happened to grow up Methodist, Baptist, or Presbyterian. They chose this place and they chose to love others who decided to call this place their spiritual home. For this reason everyone who made this decision accepted and welcomed everyone else, because they wanted to be accepted and welcomed as well. I pray that all of you who presently have decided to "belong" here feel that love and are intentionally building relationships with others, as so many who came before you have done.

Because we all come from diverse backgrounds and because we are called to Christian love and hospitality, the Chapel is certainly a place where each of us can be who we truly are and then allow everyone else that same grace. And, everyone's voice is not only heard but valued and respected. To see this in action I invite you to join our next Bible study where no one person will claim to have the ultimate truth...well, at least not until they meet Jesus face to face...so respect for everyone's opinion on biblical and theological

issues is a given. We don't always agree, but we respect everyone's right to disagree...and then we continue to love each other and our relationships are enhanced.

And, with Stewardship Season on the horizon, when we pledge to give of our time, our unique skills and talents, and our treasure to fulfill our call to the Christian discipline of generosity and support the ministries and vision of our Chapel going forward, I can promise you that everyone here values your talents and wants you to have the opportunity to succeed, because the church will only be able to succeed if each of us succeeds.

Lastly, this Chapel is a place where we can be a living and breathing part of something much greater than ourselves and it is also a place that offers us more than our relationships with each other. This Chapel offers to help us grow in our relationship with God, after all that is the ultimate "belonging" and our most crucial relationship. It is here that we also learn how that divine relationship can be expressed in word and deed to transform this world.

So, if all this leads to a happier and longer life...as we are welcomed and accepted at this Chapel... then we have our close relationships with each other and our present and eternal relationship with God to thank for that!

Peace,
Pastor Paul



Chapel Prayers

***Rejoice always, pray without ceasing, giving thanks in all circumstances, for this is the will of God in Christ Jesus for you.
(1 Thessalonians 5:16-18)***



Prayers of the People Chapel Friends:

Pat Kibbie, Gardenia Flores, Juster Machovi, Jeanne Stephan, Sally Bagdan, Marjorie Gump, Laura Lentz, Sarah Hewitt and Heather Tuft, Cathy Phillips, Jessica McInnis, Nancy Bingle, Reverend Bill and Marty Bruner, Eddie and Annette McInnis, Patty and Jackie Madden, Jennifer Grgurevic, Cathy and Calvin Phillips, Mary Faas, George Depuy, Thomas Martin, Sandra and Robert Rickards, June Ann, Jack Sealey, Don Dublino, Chris Flack, Tom Sullivan, Brenda Tubaugh, Bob Hamilton, Mike Augustyniak, Ernie and Lucy Dunn Martin, Phyllis Mahin, Mark Vasconcellos, Dave Carney, Nancy Pierceall, Kathy Steele, Rob D'Amatto, Pricilla Johnson, Kaitlyn McInnis, Sandy Keyser, Maria Karous, Ronald J. Beck, Katy and Colette Kelly, Jeannette Roper, Grady McLeod, Joe and Ashley McInnis and their newborn baby, Noah.

Chapel Family:

Jane and Charles Hinson, Nancee Letter, Bob Dantzer, Dorene Tichenor, Ralph Olsen, Fran Stark, Mary Tuft, Marilyn McCaskill, Pat Donaldson, Bud Holzerland, Phil and Angie Thingstad, Rob Guadalupe, Mary Kay Allen, Dick and Sue Van Horne, Shirley Percival, Johanna Moran, Glenda Clendenin, Mike Barry, Bruce Lowe and Pat Price.



September Flower Sign-Up

If you are interested in signing up to volunteer to provide flowers for the chapel in September please contact the office at 400-5188 or citp10@7lakeschapel.com to have your name added to the Flower Sign-up List.

September

Date	Volunteer
September 5th	
September 12th	Julie James
September 19th	Tim Peppe (In honor of R. J.'s birthday)
September 26th	Bart & Peggy Reuter (In honor of their anniversary)



September Coffee and Fellowship

Coffee and Fellowship is currently being paused.



Counter Schedule for September and October

September 5—Lee Connelly	October 3—Tracey Olsen
September 12—Blue Baker	October 10—Blue Baker
September 19—Tracey Olsen	October 17—George Norman
September 26—Blue Baker	October 24—Blue Baker
October 31—George Norman	

Worship Team

Worship Team Chiming In...

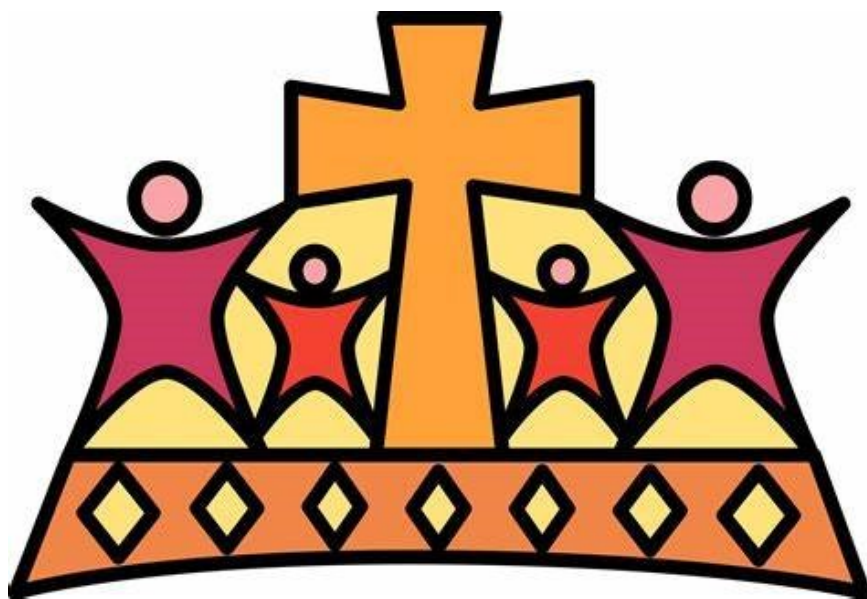
In the last Worship Team meeting, we welcomed Shirley Percival as our new team lead, as she replaced Peggy Olson, who moved back to New York State.

We also read and accepted the latest COVID-19 restrictions as directed by our Board of Directors.

We also approved of holding another Gathering on August 19th without food or singing and with mask wearing.

Any discussion of serving food in the Fellowship Hall and the fate of the Christmas Cantata was tabled to our next meeting so we will have the latest COVID information.

Jon Tichenor
Worship Team



Mission Team (Submitted by Tracey Olsen)



Mission Team September Newsletter

The Mission Team met on Friday, August 13th at 10 A.M in the Fellowship Hall. We had two guest speakers, Dan Joslin and Gary from Habitat for Humanity. They discussed the Apostle's Build for 2022. We were given a "crash" course about how Habitat for Humanity works and how the Chapel in the Pines can get involved. Laura Beth Urie and Laurie Faig volunteered to attend the luncheon held at Bethesda Presbyterian Church on August 18, 2021 to learn more. As we learn about ways we can help, we will pass it along.

Due to the new Covid variant we will be making a final decision about the fate of the Fall Rummage Sale on Friday, September 17th.

We will continue collecting school supplies and clothing items for West End Elementary from now through September 15th.

September 1st between 4 P.M. – 7P.M the Chapel in the Pines will be a designated Intake Site for the families who are in need of help during the Christmas holidays.



Music Team (Submitted by Tamara Lee)



This time of year, as the birches yellow and drop their leaves, and night dew settles on spider webs, making them morning works of art, I think of the second verse of Great Is Thy Faithfulness; "Summer and winter and springtime and harvest, sun, moon, and stars in their courses above join with all nature in manifold witness to thy great faithfulness, mercy, and love." We are about to witness again the lovely colors of fall, the pumpkins, hay bales and dried corn shocks, the rustling leaves and cooler temperatures, and this hymn, composed and published by Thomas Chisholm and William Runyan in 1923, call to mind all the beautiful seasons and all the glories of nature. The refrain of this hymn of faith and gratitude comes from the words of Lamentations 3:22-23, "The steadfast love of the Lord never ceases, his mercies never come to an end; they are new every morning; great is your faithfulness." Chisholm, who suffered debilitating illnesses all his young adult life, cutting short his tenure as a Methodist pastor, was familiar with and relied on these verses to express his own faith and gratitude for God's mercy and many gifts to him, and he included them in this great hymn of praise.

In 1954, Billy Graham asked George Beverly Shea to sing Great Is Thy Faithfulness in one of his crusades, and the hymn instantly became a favorite everywhere it was heard. Chisholm, who died in 1960, wrote 1200 poems, but this is by far the best known, and most widely published.

<https://youtu.be/E2CysVq1mUI> - George Beverly Shea - Great Is Thy Faithfulness

<https://www.staugustine.com/article/20160204/LIFESTYLE/302049909>. Accessed 17 August, 2021.



Chapel Board Members

President: Dick Van Horne - 910-673-3123 - rvanhorne@embarqmail.com

Vice-President: George Norman - 910-987-4664 - gngolfer@nc.rr.com

Second Vice-President: Drew Augustiniak - 910-466-9131 - augustyniakd@gmail.com

Secretary: Tracey Olsen - 704-604-7930 - tolsen415@gmail.com

Assistant Secretary: Lee Connelly - 910-673-2521 - lrconne@nc.rr.com

Treasurer: Sue Barry - 910-466-9100 - suelongdrive@yahoo.com

Assistant Treasurer: Dot Macdonald - 910-673-3866 or 910-470-0939 - dotjmac1957@gmail.com

Member at Large: Blue Baker - 910-783-6486 - blue.baker3@icloud.com

Member at Large: Bob Donaldson - 910-466-9064 - rhd138@gmail.com

Chapel Staff and Contact Info

Pastor—Reverend Paul James - pastorpaulchapel@gmail.com—910-673-3123

Chapel Administrator—Pat Scheil—citp10@7lakeschapel.com—910-400-5188

Choir Director—Edward Lee—edhlee@icloud.com—910-695-6751

Organist—Tamara Lee—tamaraclee@icloud.com—910-690-7671



Seven Lakes Cemetery (submitted by Mike Barry)

Current Updates and Pricing Structure for Chapel and Seven Lakes Cemetery Columbaria and Seven Lakes Cemetery

Current Updates

We have had three interments and sold two niches at the Cemetery's Columbarium. We also sold one niche in the new Columbarium at the Chapel and one niche in the Devonshire Columbarium.

Due to the fact that we are selling only niches and no grave plots at the Cemetery, the Cemetery Team is coming up with a sales program that we will present to the Board to promote plot sales over niche purchases.

A SHOUT OUT THANK YOU to Bob Tourt, a member of the Cemetery Team and past Cemetery Director, for filling in for me during my recent health challenges.

Mike Barry, Cemetery Team Chair

For the answers to all of your questions about the purchase of cemetery plots or columbaria niches, please contact Mike Barry, Chapel Cemetery Director at sevenlakescemetery@7lakeschapel.com or (910) 466-9100 or Pat Scheil, Chapel Administrator, at (910) 400-5188 or citp10@7lakeschapel.com.





Building & Grounds Report (Submitted by Dick Van Horne & Mike Barry)

We have been addressing the leaking rain water problem with great vigor. First, we put oversized eves troughs on the Chapel where there were none, directing the water away from the building out onto the parking lot. Second, we temporarily sealed the Columbarium sidewalk that has sunk three to five inches and that has stopped over 90% of the water leak. Since we proved that is where the water is coming in the building, next we are going to have the sidewalk raised back up and tilted away from the building. At the same time, the void underneath the sidewalk will be filled. All this will happen September 30, 2021 and the process has been approved by the Board. It does come with a warranty from a very well-known company and the process proven. After that, we are going to reroute the two downspouts that descend in front of the offices.

**Richard Van Horne and Mike Barry,
Building & Grounds Team**

Finance Team Report (Submitted by Dick Van Horne)



"**Stewardship Season**" has arrived at Chapel in the Pines. As you consider your 2022 pledge, here are some ideas for making gifting easier:

Online Giving: One quick and easy way to give electronically is by using the "Bill Pay" feature of your bank's website. This service is normally provided free of charge both to you (the bank's customer) and to the church. And when you give online using a recurring payment, you never have to worry about forgetting your checkbook or being out of town. Instead, your gift can be deducted automatically from your account without you ever having to manually write a check.

Required Minimum Distribution (RMD) from your IRA: Once you reach age 72, you are required to take annual Required Minimum Distributions (RMD's) from your retirement accounts. If you want to avoid paying income tax on your distribution, you can contribute to a charity, in this example, the **Chapel in the Pines**. Example: If your required minimum distribution is \$20,000 and your tax rate is 32%, you owe income tax of \$6,400 to the government. Donate \$20,000 to the Chapel and its tax-free.

Life Insurance: Every life insurance policy has a Death Benefit. The death benefit is received tax-free by the "primary" beneficiary. Insurance companies permit you to add a "contingent beneficiary" in case the primary beneficiary dies before the policyholder. As a policy holder, you can name Chapel in the Pines, as a beneficiary. Find your life insurance policy and look inside the very back of the policy. You will see a copy of your original application. On there, you will see the names or names of your beneficiaries. If they need updating or if you want to include the Chapel as a beneficiary, contact your agent or insurance company. Better yet, call me, **Dick Van Horne**, and I'll walk you through the process.



Back Pack Pals and Matthew 25:40 Programs



It's Back to School Time!!

We Need Your Help!

Please Donate as Often As You Can!

Back Pack Pals Items Needed

Juice Boxes, any flavor—Pop Tarts, any flavor

Peanut Butter/Cheese Crackers

Matthew 25:40 Items Needed

Capri sun Juices, any flavor—Pop Tarts, any flavor

Chef Boyardee Micro Cups, in yellow and red

Small water bottles—Protein Bars, all flavors

Fruit Cups—Apple sauce cups



Schedule of Upcoming Events for September 2021 (updated by Pat Scheil)

September 1 – Christmas for Moore – 4:00 – 7:00 p.m.

September 5 – 2nd Sunday of Kingdomtide

September 12 – 3rd Sunday of Kingdomtide

September 16 – The Gathering – 6:00 p.m.

September 19 – 4th Sunday of Kingdomtide

September 24, 25 and 26—Homecoming Weekend

September 26 – 5th Sunday of Kingdomtide



September Birthdays



Asa Stoltz	September 1
Ollie Sweeney	September 3
Jimmy McCaskill	September 3
Rev. Paul James	September 7
Dorene Tichenor	September 7
Sophie Collins	September 10
Pat Donaldson	September 15
Rebekah Lee	September 15
Owen Baker	September 17
R. J. Peppe	September 19
Ralph Olsen	September 28



September Anniversaries



Bill and Blue Baker	September 5	26 Years
Connie and Doug Forbes	September 8	14 Years
Wendy and Adrien Tetrault	September 13	52 Years
Mike and Sue Barry	September 21	56 Years
Bart and Peggy Reuter	September 29	65 Years

