



581 Seven Lakes Drive
 Seven Lakes, NC 27376
 Mailing Address:
 2125 Seven Lakes South
 West End, NC 27376
 Phone: 910-400-5188
 E-mail:
 citp10@7lakeschapel.com

CHAPEL CHIMES

Volume 5, Issue 9

September 2024

Paul's Ponderings...



Do's and Don'ts

Ephesians 4:25-5:2

Inside this Issue:

Paul's Ponderings	1-2
Chapel Prayers	2
President's Corner	3
Men's Fellowship	4
Team Updates	5-6
Back to School "Fill the Wheelbarrow"	7
Bible Study	8
Upcoming Events	9
Chapel Media Library	10
Ushers & Greeters Coffee Fellowship	10
September Birthdays and Anniversaries	11
Flowers	
Backpack Pals Matthew 25	12
Word Search	13
September Calendar	15

Most people think that the Bible is obscure, hard to understand, and often irrelevant to our lives today. But, sometimes, those like the Apostle Paul write very clear, universal, and timeless words for us to ponder. This text from Ephesians is one of those. It is a straightforward list of "do's" and "don'ts" for living a Christ-like life.

The "don'ts" are concise, convincing, and convicting. Don't lie. Don't let anger fester. Don't steal. Don't gossip. Don't make God sad by cultivating bitterness, seeking revenge, being enraged, fighting, defaming people, or wishing others evil. The "do's" stand in stark contrast. Tell the truth. Let your anger be appropriate. Work honestly and share. Speak encouraging words. Be kind, tenderhearted, and forgiving.

This short section of Ephesians is a summary, Christian moral code in which we hear echoes of the Ten Commandments, where we also find a list of "don'ts" that are immediately followed by words of "doing," that together provide ethical instructions for life. These moral codes, both the Ten Com-

mandments and the list of virtues in Ephesians, combine behavior and grace.

The "don'ts" demonstrate the hurtfulness of human sin and the "do's" reveal the beauty of a community founded on God's love. The "don'ts" are a listing of the ways we humans have found to pervert God's purposes for our lives and the "do's" articulate a way of redemption. The "do's" let us imagine a world of kindness, compassion, and forgiveness...a world dedicated to truthfulness and generosity.

None of us can enforce the "don'ts" on others. But, what we can do, should do, and must do is to live the "do's" as intentionally and gracefully as possible. Paul tells us that the "do's" and the "don'ts" combined together create an ethical map that point to both a good life for each of us individually and for the flourishing of the common good.

The "don'ts" show us how horrible the world can be, and often is. The "don'ts" point to disorder and division. The "do's" lure us toward love and woo us to be our very best selves. The "do's" open the door to peace, justice,

and wholeness. In effect, recognizing the "don'ts" as morally deficient and acting on the "do's" as morally desirable opens the possibility that others will join us in our efforts to live a Christ-like life.

Maybe it's not as hard as we think to turn things around. We just have to

pay attention to who we are imitating so that we might be imitated. Or, to use a contemporary expression, we can be "influencers" for Jesus and help to fill the world with people who embrace both the "do's" and the "don'ts" of a Christ-like life.

Let no corrupt communication proceed out of your mouth,
but that which is good to the use of edifying,
that it may minister grace unto the hearers.

Ephesians 4:29



Prayers for Chapel Friends:



Patty and Jack Madden, Judy Karp, Phil Westerman, Nancy Cecchini, Phyllis Mahin, Rev. Gary Sawtelle, David Tourt, Kerri Klein, Baby Owen Daniels, Roger Racster, Walter Hundley, Janet Hegeman, Jean Schmidt, Rev. Bill and Marty Bruner, David Tourt, Dick Barry, Holli Schweyher, Jackie White, Gerry Crow, Paul Infuso, Jim Robinson, Noah Presley and family of Lu Hayes.

Prayers for Chapel Family:

Charles Hinson, Bud Holzerland, Dave Westerman, Butch & Mary Kay Allen, Glenda Clendenin, Mary Tuft, Phil Thingstad, Jane and Jeff Lowe, Marilyn & Jimmy McCaskill, Mama Dot, Mary Willetts, Peggy Olsen, Bob Tourt, Lee Connelly, Kathy Steele, Shirley Percival, Bruce Keyser and Fran Greer.



President's Corner



Last month, I watched more competitions of the Summer Olympics than ever before. My wife and I watched many of the gymnastics, equestrian, diving, field/track, and swimming competitions.

I hope that everyone had a safe and happy Labor Day holiday. I hope that all your holiday plans work out as you wish.

I see by my trusty calendar that September 9th is Grandparents Day. For all those that qualify as grandparents, may your day be wonderful and memorable.

As I write this on August 21st, it was a picture-perfect day with amazingly comfortable temperatures and humidity levels.

The Board of Directors for the Chapel in the Pines has been keenly aware of issues with the Fellowship Hall and Sanctuary physical buildings. Some of these issues that we have seen have been around for some time without resolution. We have made plans to address these issues without additional delay. Please stay tuned for further information as concrete plans to address the issues are made and acted upon.

I would like to thank everyone who has donated to the Chapel in the Pines this year. You all have done an excellent job in keeping the Chapel in great financial shape. However, the summer months historically have seen reduced donations year after year. Unfortunately, the Chapel expenses remain constant. For the Chapel to continue to pay all bills without dipping into savings, I would ask everyone to continue donating just like you did in the beginning of the year.

If you have a vacation scheduled for this month, *Have a safe Labor Day* please travel safely.

I hope that all your favorite sports teams continue to do well.

Please allow me to wish everyone that has a birthday or anniversary in September my best wishes.

If you have any questions, concerns, or suggestions that would like me to bring to the attention of the Board, please do not hesitate to contact me.



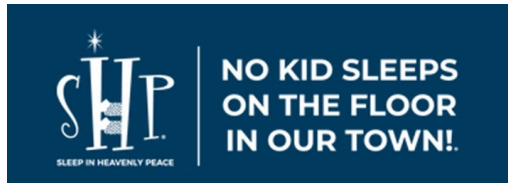
CITP Men's Fellowship

The CITP Men's fellowship met at 8 AM on Saturday August 10th at Southside Grill for breakfast and fellowship. A few of our fellowship members are interested in working as a group with "Habitat for Humanity". Information will be gathered and plans formulated at our September meeting.



The fellowship will start a Bible Study entitled "Behold the Man" in September. Initial plans are to hold the study at 3 PM starting the second Wednesday in September. The study will be open to all men who are interested. Please let Wayne or Susan know that you would like to be included.

Sleep in Heavenly Peace is holding a community bed build on Saturday, September 14th at the Grace Church in Seven Lakes starting at 9 AM. At this event components for 20 twin beds will be completed to be made available for children in the Moore County and surrounding area. As a sponsor, our fellowship has been asked to join in this event. Construction usually takes about 3 hours. To sign up or gather more information about the event or the non-profit you can visit www.shpbeds.org.



Fundraising events and other community service projects are also in the planning stages. We invite all the men in our Church to join our fellowship. Our September meeting will be held in conjunction with The Sleep in Heavenly Peace bed build.

Bruce Keyser

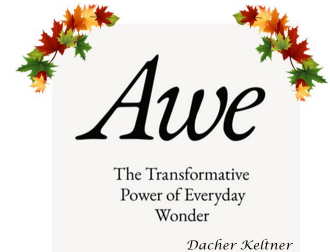


Team Updates

Worship Team



At our August Gathering we had almost 40 in attendance and Gumpkins provided our hot dogs. The evening of food and fellowship was followed by Pastor Paul speaking of "Experiencing Awe as a Spiritual Discipline". He presented compelling information on the "Science of Awe" with video clips and presentations from Keltner and Paquette encouraging us to make space for experiencing moments of Awe and explaining the great quality it adds to our very wellbeing. Pastor Paul encouraged us to study further the moments Awe is mentioned in both the old and the new testaments. (A list of these references is available upon request.)



The Worship Team invites you to join us for our next Gathering scheduled for September 12, 2024 at 5:00 pm. We will be serving an array of simple summer sandwiches, potato salad, chips, pickles and dessert. Please plan to join us for an evening of fun and fellowship together.

Our team purchased a new altar cloth for the communion table and we are in the process of purchasing worship banners for the sanctuary.

Also, keep in mind World Communion Sunday, October 6th and All Saints Sunday, the first Sunday in November.

Building & Grounds Team

George is getting prices on encapsulating and dehumidifying the crawl space under the building because of mold problems. Also, George is getting prices on painting the building. We shall hear more in the future.



The basement flooded during the last storm, so we have had an appointment with Tar Heel Basements to see their solution to this problem. The Board has reviewed the proposal and passed it if George can get a better price by combining the two projects.

Also, Pella Doors is going to reseal three sets of double doors to stop the doors from leaking.

Jim and George are looking at redesigning the stairs and porch entrance to stop that entrance from leaking.

Mike Barry



Cemetery Team

We have had to do some repairs on the Columbarium this last month because some of the border plates came loose due to the heat.

We purchased the proper paint to repaint the faceplates at the Cemetery Columbarium. As soon as we have a Cemetery Meeting, we will start a repainting program of the faceplates.

We have had a burial in section I this last month and we were able to water the grass so that it did not die. The new watering spouts are working great. I am looking forward to spring when we can seed and water the bare areas of the Cemetery.



We are still working on the gazebo, which is a constant maintenance project.

Mike Barry
Cemetery Team Chair

Ed Burke
Asst. Cemetery Team Chair

Mission Team

Most recent opportunities to serve have been an overwhelming success.

- 1) Book mobile.
- 2) Clothing drive for 7 Lakes Memory Care. Excess clothing donated to Sandhills Coalition and Team Wokz.
- 3) AmericanRed Cross Blood drive collected 38 units of blood.



We are so blessed with a congregation and community always stepping up to joyfully participate.

Sincerely

THANK YOU!



Sundays in September the wheelbarrow will be out for our back to school drive. The requested items can be Found on following page and inside Sunday bulletins.

Bunco starts September 10th at 6pm.

Alicia DeLong





Fill the Wheelbarrow!

Sundays in September

The Mission Team invites You to help us
 Fill the Wheelbarrow with School Supplies for
 West End Elementary/Middle Schools

Ticonderoga Pencils #2 pencils

Glue Sticks

Erasers lg pink & caps

Quart Ziplock baggies

K-12 composition notebooks blank on top/lined on bottom

Solid color composition notebook Wide Rule

1-13 subject spiral notebooks

Folders with pockets 3 ring binders

Colored markers

Highlighters

Post it notes

Over the ear wired headphones no ear buds

Crayons 24pk

Scissors

Gallon Ziplock baggies

Wide lined loose leaf paper

Wide Rule Folders with prongs

Pencil pouch

Colored pencils

Black dry erase markers

Index cards

BAND-AIDS

BABY WIPES

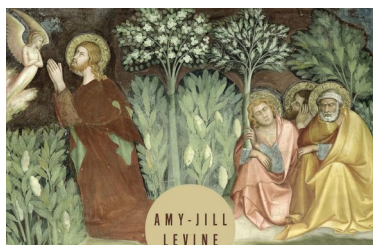
CLOROX WIPES

KLEENEX

PAPER TOWELS

NEW OR USED TENNIS BALLS





The **GOSPEL**
of **MARK**
A BEGINNER'S GUIDE to the GOOD NEWS



The Gospel of Mark

A Beginner's Guide to the Good News A Bible Study in Six Sessions By Amy-Jill Levine

We will walk through the Bible's earliest source for the life of Jesus with New Testament scholar Amy-Jill Levine as she examines John the Baptizer, the little Apocalypse, the Transfiguration, and several of Jesus' most notable stories and parables. The good news of the gospel message comes alive in this book/study as readers see Jesus as divine and human, powerful and weak, approachable yet mysterious.

Mark 1-4	The Good News Begins	September 19	4:00
Mark 5-7	Restoring Purity and Wholeness	September 26	4:00
Mark 8-10	Sacrifice, Ransom, Prophet, Messiah	October 3	4:00
	The Gathering	October 10	5:00
Mark 11-12	Fig Trees and Tenants	October 17	4:00
Mark 13	The Little Apocalypse	October 24	4:00
Mark 14-15	Judas Iscariot/The Naked Young Man	October 31	3:00?

This will be the third study by A.J. that I have led here at the Chapel and she received rave reviews by those who attended the two previous classes. A.J. describes herself as, "an unorthodox member of an Orthodox synagogue and a Yankee Jewish feminist who taught New Testament in a Christian divinity school (Vanderbilt) in the buckle of the Bible Belt."

Listen to what Reverend James Howell, Senior Pastor, Meyers Park UMC, Charlotte, N.C. has to say...

"Amy-Jill Levine has gifted us with a clear, no-nonsense guided tour through the Gospel of Mark, conveying the feel of the words, places, people, and encounters with marvelous clarity and freshness..."

The class will be both discussion and lecture based, limited to 18 participants, and each student will be provided A.J.'s book that is the text for this course. A donation of \$20.00 to cover the cost of the books and the teaching materials is suggested but not required.

Please sign up by **September 15th** by calling Susan in the Chapel office (910)400-5188, sending an email to ctip10@7lakeschapel.com, or filling out this sheet and dropping it in the collection plate during worship.

Name: _____

Email Address: _____

September

Upcoming Events

Sunday-September 1	9:00 am	The First Sunday in Kingdomtide
Wednesday-September 4	2:30 pm	Fran's Friends
Wednesday-September 4	4:30 pm	Chapel Choir
Thursday-September 5	10:30 am	Generosity Challenge Book Study
Friday-September 6	12:00 pm	Gathering RSVP Deadline
Sunday-September 8	9:00 am	The First Sunday in Kingdomtide
Tuesday-September 10	3:00-6:00 pm	Aging Outreach Services
Tuesday-September 10	6:00 pm	Bunco4Missions
Wednesday-September 11	3:00 pm	Behold the Man Men's Bible Study
Wednesday-September 11	4:30 pm	Chapel Choir
Thursday-September 12	5:00 pm	The Gathering
Friday-September 13	10:00 am	Mission Team
Saturday-September 14	8:00 am	Men's Fellowship
Sunday-September 15	9:00 am	The Third Sunday in Kingdomtide
		Blessing of the Backpacks
		Chapel Board Meeting
Wednesday-September 18	3:00 pm	Behold the Man Men's Bible Study
Wednesday-September 18	4:30 pm	Chapel Choir
Thursday-September 19	4:00 pm	The Gospel of Mark Bible Study
Sunday-September 22	9:00 am	The Fifth Sunday in Kingdomtide
Tuesday-September 24	3:00-6:00 pm	Aging Outreach Services
Wednesday-September 25	3:00 pm	Behold the Man Men's Bible Study
Wednesday-September 25	4:30 pm	Chapel Choir
Thursday-September 26	4:00 pm	The Gospel of Mark Bible Study
Sunday-September 29	9:00 am	The Fourth Sunday in Kingdomtide



Announcing The Chapel Media Library



Chapel Family and Friends—Please welcome our New Media Library now located within our Board Room upstairs beside the Chapel offices. Our Media Library houses bible studies which have been conducted by Seven Lakes Chapel in the Pines and includes most of the materials associated with each bible study.

We encourage you to come by and check out the available bible studies. Feel free to use the conference room when available for viewing bible study DVDs or reading bible study materials. Our bible studies are available for you to sign out and study for as long as you need, then return when you have completed.

Usher Schedule September 2024

September

- 1 Sun 9 am Jim Beck, Lee Connelly, Carole Faas, Gisela Danielson
- 8 Sun 9 am Shirley Madison, Renee Maness, Joyce Singletary, George and Cathy Norman
- 15 Sun 9 am Tracey Olsen, Frank Carney, Renee Maness, Carole Faas
- 22 Sun 9 am Gisela Danielson, Joyce Singletary, George and Cathy Norman, Lee Connelly
- 22 Sun 9 am Jim Beck, Carole Faas, Tim and RJ Peppe



Coffee Fellowship



September

- 1** Neta Massey, Mary Snead
Jody Monk
- 8** **Volunteer Needed**
- 15** Daisy Kirit &
Jenny Sundheim
- 22** **Volunteer Needed**
- 29** Sue Dell'Acqua & Helen Scholl

October

- 6** **Volunteer Needed**
- 13** **Volunteer Needed**
- 20** **Volunteer Needed**
- 27** **Volunteer Needed**

To volunteer: Contact our Church Administrator, Susan Williams by calling **910-400-5188** or emailing **cit-p10@7lakeschapel.com**. You can also sign on the podium just outside the entrance to the fellowship hall.





Tuesday—3
Angie Thingstad

Tuesday—3
Jimmy McCaskill

Saturday -7
Pastor Paul

Saturday-7
Dorene Tichenor

Monday-9
Michael Karnish

Tuesday-10
Sophie Collins

Sunday-15
Carol Scantlin

Thursday-19
RJ Peppe

Saturday-28
Ralph Olsen

Sunday-29
Bruce Keyser



Wednesday—4
Thalia Beam & Ed Burke

Wednesday—11
Dr. Joseph & Nell Laton



Wendy & Adrien Tetreault

Saturday-21
Mike & Sue Barry

Sunday-29
Bart & Peggy Reuter





Flower Schedule

To volunteer please sign up on bulletin board outside church office. You may also call **910-400-5188** or e-mail cit10@7lakeschapel.com to have your name added to the Flower Sign-up List.

September	
9-1	Julie James
9-8	Fran Greer
9-15	Alicia DeLong & Steven Welch
9-22	Volunteer Needed
9-29	Jon & Dorene Tichenor
October	
10-6	Marilyn & Jimmy McCaskill
10-13	Volunteer Needed
10-20	Dennis Cifranic
10-27	Wendy Tetreault

Back Pack Pals and Matthew 25:40 Programs

We Need Your Help—Please Donate as Often As You Can!

Juice Boxes, any flavor
 Pop Tarts, any flavor
 Peanut Butter/Cheese Crackers

Capri Sun Juices, any flavor
 Pop Tarts, any flavor
 Chef Boyardee Micro Cups,
 in yellow and red
 Small Water Bottles
 Protein Bars, all flavors
 Apple Sauce/Fruit Cups





FALL

WORD SEARCH PUZZLE

- BIRDS
- BRISK
- CHANGING
- CLOUDS
- COAT
- COLD
- COLORS
- CORN
- CROPS
- FOOTBALL
- FROST
- GOURD
- HARVEST
- HEATER
- JACKET
- LEAVES
- MIGRATE
- NOVEMBER
- OCTOBER
- PUMPKINS
- RAKE
- SCARECROW
- SEASON
- SWEATER
- TREES
- WIND

E	E	S	N	I	K	P	M	U	P	T	V	L	M
O	R	A	N	B	E	S	S	E	V	A	E	L	C
H	L	P	R	K	D	H	C	S	R	O	L	O	C
D	F	N	N	U	L	H	R	D	B	C	L	S	N
M	T	O	O	O	A	S	G	E	E	D	C	Z	N
V	I	L	O	N	V	O	D	K	B	D	M	R	I
W	C	G	G	T	U	E	H	R	V	O	O	M	S
Y	N	I	R	R	B	A	M	O	I	C	T	C	T
N	N	O	D	A	R	A	T	B	O	B	A	C	S
G	S	W	S	V	T	E	L	H	E	R	B	R	O
W	Y	E	E	A	K	E	E	L	E	R	W	O	R
E	I	S	E	C	E	A	S	C	A	G	B	P	F
K	T	N	A	R	T	S	R	P	K	M	K	S	P
A	N	J	D	E	T	O	Y	J	B	R	I	S	K
R	L	H	R	S	W	E	A	T	E	R	U	C	H

The words appear UP, DOWN, BACKWARDS, and DIAGONALLY.
Find and circle each word.



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Board of Directors – 2024

Jon Tichenor President	tichenorjon@gmail.com	910-466-9148
Wayne Garland 1st Vice President	bwgarland614@yahoo.com	704-681-4220
Ruth Klein 2nd Vice President	srklein8@gmail.com	763-203-4846
Jim Beck Treasurer	lotsaoaks@gmail.com	910-673-5682
Carol O'Reilly Assistant Treasurer	coreilly3095@gmail.com	203-263-5760
Denise DuLion Secretary	denise@dulion.com	704-733-0653
Tracey Olsen Assistant Secretary	tolsen415@gmail.com	704-604-7930
Dot Macdonald Member-at-Large	dotjmac1957@gmail.com	910-673-3866
Bob Donaldson Member-at-Large	rhdon138@gmail.com	201-317-1925
George Norman Immediate Past President (Ex-Officio)	genorman3@gmail.com	910-987-4664

Chapel Staff and Contact Info

Pastor		
Reverend Paul James	pastorpaulchapel@gmail.com	910-690-5529
Chapel Administrator		
Susan Williams	citp10@7lakeschapel.com	910-400-5188
Financial Secretary		
Paula Montgomery	citp-treasurer@7lakeschapel.com	910-986-9191
Choir Director		
Kristen Thompson	kristen.webb@gmail.com	910-220-1979
Seven Lakes Cemetery/ Columbarium Team Leader		
Mike Barry	citp-cemetery@7lakeschapel.com	910-466-9100
<i>Sound/Audio Technician, Simon Lussier</i>		


Church Office: 910-400-5188
 Church Email: citp10@7lakeschapel.com
 Church Website: <http://7lakeschapel.com>



SEPTEMBER

2024



SUN	MON	TUE	WED	THU	FRI	SAT
1 First Sunday in Kingdomtide	2  Labor Day	3 Kiwanis 11-2 Kiwanis Bingo 6-10	4 <i>2:30 Joan's Friends</i> 4:30 Chapel Choir	5 <i>11-3 Women of 7 Lks</i> 10:30 Generosity Challenge Book Study 7:00 AL ANON 7:30 OLA Choir	6 Gathering RSVP Deadline Noon Board Team Rpts	7 9:30a—1p 7th Day Advent. Services CLEANING
8 Second Sunday in Kingdomtide	9 4:00 Worship Team	10 Team Rpts to Bd 3-6 Aging Outreach	11 3 Behold the Man Men's Bible Study 4:30 Chapel Choir	12 5 The Gathering 2-4 7 Lks GDN Club 7:00 AL ANON 7:30 OLA Choir	13 10 Mission Team	14 8:00 Men's Fellowship 9:30a—1p 7th Day Advent. Services CLEANING
15 Third Sunday in Kingdomtide Chapel Board Mtg <i>Blessing Of the Backpack</i> 	16	17 Kiwanis 11-2 Kiwanis Bingo 6-10	18 3 Behold the Man Men's Bible Study 4:30 Chapel Choir	19 4 The Gospel of Mark Bible Study 7:00 AL ANON 7:30 OLA Choir	20	21 9:30a—1p 7th Day Advent. Services CLEANING
22 Fourth Sunday in Kingdomtide	23 	24 3-6 Aging Outreach	25 3 Behold the Man Men's Bible Study 4:30 Chapel Choir	26 4 The Gospel of Mark Bible Study 7:00 AL ANON	27 <i>* Newsletter Article Deadline</i>	28 9:30a—1p 7th Day Advent. Services CLEANING
29 Fifth Sunday in Kingdomtide	30 **Note: OLA Choir Our Ladies of					

