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# CHAIPEL CHIMIES

Volume 6, Issue 6

June 2025

# Paul's Ponderings...

#### **Eastertide**

In addition to being a single day, Easter is also a season in the Christian year called Eastertide that lasts for fifty days, concluding on Pentecost Sunday. haps it is the most important season of the liturgical year. Everything that comes before it, points to it and everything after, results from it. During Eastertide the question that comes into all our hearts is, "What does Jesus' resurrection mean for our lives in the here and now of this world?" The consistent themes of this season are peace, caring for others, and love.

One of the most memorable stories that comes early in Eastertide is the recounting of the appearance of the resurrected Christ to his disciples. It begins like this...

When it was evening on that day, the first day of the week, and the doors were locked where the disciples were, for fear of the Jews, Jesus came and stood among them and said, "Peace be with you." After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on



them and said to them, "Receive the Holy Spirit." - John 20:19-22

Like the disciples locked in that room full of fear and uncertainty, we have just begun recovering from Holy Week. In a week's time we experienced the lowest of lows and the highest of highs on the spectrum of human emo-Holy Week began with tions. shouts of hosanna and the hope that the promised Messiah had arrived. It continued with conspiring political and religious powers, a betrayal, and a midnight prayer. It concluded with Jesus' final breath, a stone that had been rolled away, and God's final victory over death.

After so many of the ups and downs of Holy Week we need to pause, calm our souls, and enter into an Eastertide time of peace... peace for our minds and peace for our hearts. Holy Week has been stressful and we need to find a way to bring it to a close and begin again to live out its calling. And, that's what the disciples needed as well if they were to get on with the mission of Jesus to heal the sick, bring good news to the poor, love as Christ loved them, and witness to the

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life, death, and resurrection of Jesus to the world.

So, Christ appeared to his frightened friends and said, "Peace be with you." Stephanie Duncan Smith in her work, Even After Everything says, "After everything, these are the four words that hold the world. Peace is the only power capable of breaking the brutal hold of fight, flight, freeze. Peace is the bear hug, the belly laugh, the huge, sweeping exhale capable of ushering our bodies from shock into divine shelter."

In Eastertide Jesus says to us as well, "Peace be with you." Time to come off of the high of Holy Week, take a deep breath, and relax into the joy of the resurrection. Holy Week might be a time to inhale the uncertainty, the stress of the passion, the images of violence, the disaster of power gone wild...and the earthquake and the darkness and the sound of a sealed tomb. But, Eastertide is when we are to exhale and receive the peace of Christ so that we too might be able to celebrate the resurrection for fifty days surrounded by and saturated with the peace of Christ.

What kind of peace does Christ offer us today. Once again let's hear from Stephanie Duncan Smith..."the peace of Christ is a peace that will never overpromise, a peace we can trust with the full weight of our being. This peace is a person whose voice has cracked, whose memory holds complex trauma,

and whose body bears scars, and his promise is not safety, but presence." Now, may the peace of Christ be with you this Eastertide and forevermore!

Peace, Pastor Paul

#### **Even After Everything**

https://www.penguinrandomhouse.com/books/736981/even-after-everything-by-stephanie-duncan-smith/?utm\_source=substack&utm\_medium=em

#### PRACTICE

ail

Here's a wonderful practice guide from Christine Valters Painter on breath prayer that can be integrated into today's gospel reading and Paul's Ponderings:

# We begin just sitting quietly, savoring a few moments of stillness in your day.

This might be first thing in the morning or at the end of day.

Choose a time when you won't be interrupted for ten minutes....

As you inhale, you whisper to yourself: *I breathe in peace*.

As you exhale, you say softly: I breathe out love.

Imagine inviting God's peace into your heart each time you inhale and love filling the world each time you exhale.

**PLEASE READ** Christine's entire post on this practice at her <u>Abbey of the Arts</u> website HERE.

Breathe in the breath of God - Breathe out your cares and concerns

Breathe in the love of God - Breathe out your tension and turmoil

Breath in the life of God - Breathe out your frustration and fear

Sit quietly in the presence of the one who calms the storm

Sit patiently in the presence of the one who renews our strength

Sit at peace in the presence of the one who restores our soul

#### **Prayers for Chapel Friends:**



Patty and Jack Madden, Judy Karp, Phil Westerman, Nancy Cecchini, Phyllis Mahin, Gerry Crow, Roger Racster, Walter Hundley, Janet Hegeman, Jean Schmidt, Rev. Bill and Marty Bruner, Dick Barry, Jackie White, Noah Presley, Tom Early, Cindy Hess, Lyn Garbarino, Jim Robinson, Carol Dunn, Mary Faas, Dapte Jay Kirit, Dwight and Faye Jessup, Baby Kendrick Goins, George Restrepo, Cathy Pope, Maggie Craft, Rev. Harry

Bronkar, Norma McKeithan, Charlie and Margo Talkowski, Ann Grunke, Jose Shavek, Amy Klein, Adrian Cimek, Sally Conlon, Andy Mark, Sidney Ruffin, Cindy Dabestani, Richard Von Schilichten, Elizabeth Comfort, Linda Stow, Sue LaPoint, David Tourt, Johnathan McCaskill, Joel Lawrence, Mary Farley, Pete and Magda Sonderfan, Denise Taylor, Curtis Holt and Bruch Watts.

#### **Prayers for Chapel Family:**

Rev. Charles Hinson, Bud Holzerland, Dave Westerman, Butch & Mary Kay Allen, Mary Tuft, Phil Thingstad, Mama Dot, Mary Willetts, Bob & Joan Tourt, Lee Connelly, Kathy Steele, Peggy Olson, Sue Van Horne, Jimmy McCaskill, Bart and Peggy Reuter, Jane and Jeff Lowe, Paul Infuso, Glenda and Joe Clendenin, Jon Tichenor, Shirley Percival, Ralph Olsen, Pat & Chas Griffin, Winnie Fischer, and Jean Lawrence.







All the yellow plague is over, and we have the normal hot days and thunderstorm nights.

Five months of this year have passed already, I do believe time is speeding up or I am slowing down, I'm not sure which.

As we move into June there has been a lot of activity around the Chapel. Last week we had an emergency replacement of the Heating and Air system for the office area. You will see much more happening in the next few weeks. We will be painting the outside of the buildings, the interior office and hall spaces, replacing the flooring in the fellowship hall and several other projects.

You will hear more about these projects at the Congregation meeting on June  $22^{nd}$  after the service.

We have added new mini microphones to help you hear our wonderful choir better through the sound system. We hope you can hear the improvement.

The Board has made a small variety of changes to the Chapel By-Laws. Most of the changes are grammatical, punctuation and a few word replacements to clean up the document. You should have received the document with the changes noted. We will be asking you to vote for approval at the June 22<sup>nd</sup>. Meeting.

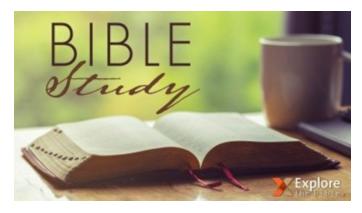
We have renewed the Pre School lease for three years and they are settled in for the long hall. Families in the area and from Pinehurst are enrolling for the new year. Congratulation to Alison on building a great program.

We are working toward the Chapels 49<sup>th</sup> Anniversary in October. We have set up a small committee to help work on our celebration and also plan for the big celebration of the 50<sup>th</sup> anniversary in 2026. If you would like to contribute any information, comments or dedicate a few hours working to make this event a raving success please contact Susan in the office.

If you have questions or comments, please feel free to contact me at any time. Have a great time this summer.

George 901-987-4664 genorman3@gmail.com





# You're Invited To Join The Vernell Otter Class a new Bi-Monthly Bible Study

**The Vernell Otter Class** will meet on the 1st and 3rd Thursday of each month in the downstairs conference room. Our first class will meet on:

### Thursday, June 5th @ 3:30 pm

Please notify the Chapel Administrator if you would like to join this class and receive the email notifications including information to be discussed at the bi-monthly Bible Study.

> Email: citp10@7lakeschapel.com Phone: 910-400-5188

# Blueberry Sunday June 22, 2025



## Blueberries are IN Season! Let's Celebrate!

Please bring your favorite Blueberry
Desert for sharing during our Coffee Fellowship as we
celebrate all that this season has to offer.

### Team Updates

#### Worship Team

The Worship Team is looking forward to our first gathering of the year on May  $29^{th}$  when we will host a cook out prepared by the Men of the Chapel. There will be hamburgers and hot dogs with all the fixings. Worship will feature the Ascension of the Lord with communion.

Our first event in June will be on Pentecost Sunday, June 8<sup>th</sup>. The team will host a covered dish meal after Chapel services. All are encouraged to bring their fa-

vorite dishes to share with the congregation. We have many excellent cooks and expect this event to be a great success!

On June 19<sup>th</sup> the team will host our second gathering of the year. We will feature a salad bar and desserts.

We hope to see all of you along with friends and neighbors at these events!



#### CITP Men's Fellowship



The men's fellowship invites the men of Seven Lakes Chapel in the Pines to join them the second Thursday of the month, June 12, 2025 at the Southside Bar and Grill for fun and fellowship.

Also, remember if you or a family member need assistance with light household items, yard work or transportation, please notify the chapel administrator (910-400-5188) so that she can reach out to our team and a member of our team can assist.





#### Mission Team



At the May 9 meeting of the Mission Team, the financial report was given and approved. Donations to various charities were discussed and approved which are as follows: Food Bank - \$500, Habitat for Humanity - \$300, Family Promise - \$1,000, Team

Workz - \$1,000. Checks were written and will be distributed to the organizations.

Ruth Klein purchased a bookcase for the outside lending library, and she was reimbursed a portion of the cost. The bookcase will be assembled by the men's group and placed in front of the Chapel. Requests will be made for books (both children and adults) to be placed in the library.



**On May 22**, Dorry Tichenor, Shirley Madison and Sue Dell'Acqua met with the residents of the **Life Care Pregnancy Center** to teach them how to crochet around the fleece baby blankets as well as give them a blanket.



**On May 23**, the **Blood Drive** was held in the Fellowship Hall of the Chapel. The Mission Team wishes to thank the volunteers and all who participated in our Annual Blood Drive.

**Projects completed**: 1. Sue, Shirley and Rich delivered a check for \$1,000 to Moore Free Care Clinic. Using

the large check, pictures were taken for publicity purposes. 2. Lydia Litterral delivered

diapers, wipes and ointments to 7 Sparrows. Pictures were taken also. 3. The small churches for "**Change for Change**" were distributed to the congregation on Sunday, May 18.



Future Projects were discussed and will be shared at a late date.

**Mr. Mark Salisbury** from the West End Methodist Church Food Pantry gave a presentation on the details of the pantry – how the pantry received goods and how they were distributed to those people in need. Sources are the Food Bank, Food Lion, USDA, and local donations.



#### Building and Grounds



Your Building/Grounds Team have not met this month, but we are busy working with the Board on a number of short and long range projects. The Board will bring these to your attention in the coming days.

Meanwhile, the upkeep and maintenance of the Chapel is ongoing. Unwelcome wasps, AC filter changing, keeping the fire extinguishers up to date, setting and taking down of the tables

and chairs in the Fellowship Hall for visiting groups, (and Pastor

Paul is to be thanked for the majority of this), calling in trades people when we have a break down, usually technically related... thank you Susan, all need our attention.

And personally, on Sunday when I arrive at Chapel and see the flowers arranged, the tables set up with the Bread and Wine, the candles ready to be lit, I'm so thankful for the elves that come in the night, aka the Worship Team. Thank you to all the volunteer Teams.



Ed Burke

#### Cemetery Team

We sold one Niche at the Cemetery this month and had two interments. We a also had an interment Saturday, May 31<sup>st</sup>.

The Veterans of Post 966 refreshed all the grave flags at the Cemetery on Tuesday, May 20<sup>th</sup> for the coming Holiday.

Due to the fact that we had considerable damage from the spring rains we had to have the entrance drive repaired and the entire Cemetery drive covered with new stones.

We are getting prices on a lawn company to come in and repair the bare areas in the Cemetery.

Ed Burke Cemetery Team Chair



Sunday-8



# Upcoming Events

Pentecost Sunday—Holy Communion

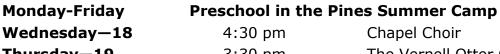
9:00 am	Seventh Sunday of Easter
5:30 pm	Personnel Team
2:30 pm	Fran's Friends
1:00 pm	Board Planning Meeting
3:30 pm	The Vernell Otter Class
	5:30 pm 2:30 pm 1:00 pm

**Churchwide Covered Dish** Chapel Board Meeting

Wednesday—114:30 pmChapel ChoirThursday—1212:00 pmMen's FellowshipFriday—1310:00 amMission TeamSunday—159:00 amTrinity Sunday

9:00 am

Happy Father's Day!



**Thursday—19** 3:30 pm The Vernell Otter Class

**Thursday—19** 5:00 pm The Gathering

**Sunday—22** 9:00 am The Second Sunday after Pentecost

Blueberry Sunday!

Monday—Friday Preschool in the Pines Summer Camp
Wednesday—25
4:30 pm Chapel Choir

**Sunday—29** 9:00 am The Third Sunday after Pentecost





### Usher Schedule June 2025

#### <u>June</u>

1	Sun	9 am	Tim Peppe, RJ Peppe, Tracey Olsen, Frank Carney
8	Sun	9 am	Carole Faas, Gisela Danielson, Shirley Madison, Cathy or George Norman
15 22	Sun Sun	9 am 9 am	Tracey Olsen, Frank Carney, Joyce Singletary, Shirley Madison Michael Karnish, Carole Faas, Shirley Madison, Cathy or George Norman
29	Sun	9 am	Rene Maness, Gisela Danielson, Tracey Olsen, Frank Carney



# Coffee Fellowship



#### <u>June</u>

- **01** Jimmy & Marilyn Mccaskill
- 08 Churchwide Covered Dish 20
- 15 Volunteer Needed
- 22 Blueberry Sunday
- 29 Volunteer Needed

#### <u>July</u>

- 06 Chris & Jim Beck
- 13 Volunteer Needed
- 20 Peach Sunday
- 27 Volunteer Needed

To volunteer: Contact our Church Administrator, Susan Williams by calling **910-400-5188** or by emailing **citp10@7lakeschapel.com**. You may also sign up on the register on the podium just outside the entrance to the fellowship hall.







Tuesday-3

**y—3** Sandi Keyser

Friday-4

Pat Griffin

Sunday-15

Ray Tourt

Friday-20

Karl Stark

Sunday-22

Phillip Thingstad

Monday-23

Rich Dell'Acqua

Thursday-26

Mimi Giannini

Monday-30

Vicki Bedder





Saturday-7

- /

Ray & Audrey Tourt

Friday-13

Bud & Marilyn Holzerland

Tuesday-17

Jon & Dorene Tichenor

Wednesday-18

John & Carol Caggiano

Wednesday-25

Stephen & Carolyn Wood



# Flower Schedule

To volunteer please sign up on bulletin board outside church office. You may also call the church office **910-400-5188** or e-mail us at <a href="mailto:citp10@7lakeschapel.com">citp10@7lakeschapel.com</a> to have your name added to the Flower Sign-up List.

June	
6-1	Volunteer Needed
6-8	Volunteer Needed
6-15	Volunteer Needed
6-22	Volunteer Needed
6-29	Jon & Dorene Tichenor
July	
7-6	Volunteer Needed
7-13	Volunteer Needed
7-20	Volunteer Needed
7-27	Jon & Dorene Tichenor

### **Back Pack Pals and Matthew 25:40 Programs**

We Need Your Help—Please Donate as Often As You Can!

Juice Boxes, any flavor Pop Tarts, any flavor Peanut Butter/Cheese Crackers



Capri Sun Juices, any flavor Pop Tarts, any flavor Chef Boyardee Micro Cups, in yellow and red Small Water Bottles Protein Bars, all flavors





# Congregational Meeting Sunday June 22, 2025

Seven Lakes Chapel in the Pines Congregational Family:

This letter is to inform you that the Board of Directors is calling for a special called Congregational Meeting on Sunday, June 22nd, 2025, immediately following the morning worship service. This meeting is for a mid-year update and for approval of changes to the By-Laws which have been approved by the Board of Directors.

A copy of the **By-Laws** with changes recommended by the Board of Directors will be sent prior to the meeting on June 22nd. Please review the proposed changes and should you have any questions, please direct your questions in an email to George Norman, Board President (**genorman3@gmail.com**).

The Bi-Laws for the Seven Lakes Chapel in the Pines state that members automatically have voting privileges. If a member is unable to attend the meeting, they may grant a proxy in writing to another member who will then be able to vote on their behalf.

Friends of the Seven Lakes Chapel in the Pines, those who worship or serve God through the ministries of this church are automatically granted voting privileges if they request it in writing before the start of the annual congregational meeting. Requests for voting privileges may be submitted to the Board President George Norman or the Chapel Administrator.

George Norman: (genorman3@gmail.com)

Chapel Administrator: (citp10@7lakeschapel.com)

The Board of Directors sincerely gives thanks to each of you for your support and covet your prayers as we make decisions for the direction of our church seeking God's will in all we do.

Sincerely,

George Norman, President Board of Directors



#### **Board of Directors - 2025**

George Norman President	genorman3@gmail.com	910-987-4664
Ruth Klein 1st Vice President	srklein8@gmail.com	763-203-4846
Mike Barry 2nd Vice President	citp-cemetery@7lakeschapel.com	910-466-9100
Sue Barry Treasurer	suelongdrive@yahoo.com	910-466-9100
Shirley Madison Assistant Treasurer	jakesmom.shirley@gmail.com	717-823-7567
Tracey Olsen Secretary	tolsen415@gmail.com	704-604-7930
Thalia Beam Assistant Secretary	thaliabeam53@gmail.com	910-477-2731
Kathy Golzio Member-at-Large	kbgtrixie@aol.com	845-216-9446
Jon Tichenor Immediate Past President	tichenorjon@gmail.com	910-466-9148

#### **Chapel Staff and Contact Info**

Pastor Reverend Paul James	pastorpaulchapel@gmail.com	910-690-5529	
Chapel Administrator Susan Williams	citp10@7lakeschapel.com	910-400-5188	
Financial Secretary Paula Montgomery	citp-treasurer@7lakeschapel.com	910-986-9191	
Choir Director Kristen Webb-Thompson	kristen.webb@gmail.com	910-220-1979	
Seven Lakes Cemetery/ Columbarium Director Mike Barry	citp-cemetery@7lakeschapel.com	910-466-9100	

Sound/Audio Technician, Simon Lussier

Church Office: 910-400-5188
Church Email: citp10@7lakeschapel.com
Church Website: http://7lakeschapel.com







2125 Seven Lakes South 581 Seven Lakes Drive West End, NC 27376

> Serving Our Community by Preaching, Teaching and Living the Gospel of Jesus Christ

